



National Talent  
Development Programme



**National Talent Development Programme 2022-23**  
**Northern training centre Haxby, York.**  
**Arrowhawks Archery Academy**

We are delighted to be delivering the NTDP again this year. The programme is determined nationally and delivered at three centres, North, Midlands and South.

**Dates for sessions** at the Northern training centre, Haxby Scout Centre, Haxby, York

Sunday October 23<sup>rd</sup>

Sunday December 11<sup>th</sup>

Sunday February 19<sup>th</sup>

Sunday April 23<sup>rd</sup>



The programme includes technical development of your shooting, strength and conditioning to support your technical development, workshops on equipment, sport psychology, nutrition and hydration, training planning and competition planning.

Application is through Sport 80 – specify Arrowhawks (North) or email [kath@arrowhawks.co.uk](mailto:kath@arrowhawks.co.uk) for further information .