



Arrowhawks Archery Academy



Outdoor training dates 2022

Venues: York Archers Society
St. Georges AC

Many thanks to both clubs for hosting sessions.

Arrowhawks summer programme 2022 is available to junior and senior archers across bow styles and disciplines.

The full day sessions are a mix of group / themed coaching activities, 1-1 coaching and support for development, equipment tuning and checking, games with purpose, competitive simulations, all sprinkled with fun – and deliberate purpose. Our aim is to help archers improve their shooting and performance, to develop a training process which is enjoyable and effective, and to support progress into other programmes along the competition or junior performance pathways.

Date	Venue	Book by
Sunday June 26th	St Georges AC, Harrogate	June 23rd
Saturday July 16 th	York Archers Society	July 14th
Sunday August 7 th	York Archers Society	August 4th
Saturday August 20 th	York Archers Society	August 18th
Saturday September 24 th	St Georges AC, Harrogate	Sept. 21st

Costs for each day are £12, members of these clubs may deduct the shooting line fee that *we will pay to the club for non-members.*

Enquiries and bookings to:

Kath Fitzpatrick

kath@arrowhawks.co.uk

Please include name/club/AGB number/ age if junior/distance preferred/email and tel.